

() **Tresanti Surgical Center**

DATE OF PROCEDURE	
ARRIVAL TIME	TIME OF PROCEDURE
ESTIMATED TIME FOR PICK UP	

We require a 5 business day notification for cancellations and reschedules, or we charge a \$100 fee per procedure. While we will make every effort to schedule you at a time that is convenient for you, please note that we will accommodate 2 reschedules. Additional changes will not be scheduled.

SAN RAMON HOSPITAL PROCEDURE

You will need to pre-register before your appointment. You can pre-register in admitting any day prior to your procedure OR on the day of your procedure arrive in admitting 1½ hours prior to your scheduled time. (2 HOURS IF YOU ARE TOLD ANTIBIOTICS NEED TO BE GIVEN).

TRESANTI PROCEDURE

You will need to arrive 45 minutes prior to your scheduled procedure time. Pre-registration is required.

REMEMBER: YOU WILL NOT BE PERMITTED TO DRIVE YOURSELF HOME OR FOR THE REMAINDER OF THE DAY. PLEASE MAKE SURE THAT A FRIEND OR FAMILY MEMBER IS AVAILABLE TO TAKE YOU HOME.

5201 Norris Canyon Road, Ste #100
 San Ramon, CA 94583
(925) 973-0605

- Take **680 S** to the **Crow Canyon Road** Exit.
- Exit **Left** onto **Crow Canyon Rd.**
- Go **East (Right)** at **Alcosta** (4 stop lights).
- Turn **Left** onto **Norris Canyon Road. (1ST light).**
- Make immediate **Right**, then immediate **Left**.

First Building on the **Left** 5201 in Suite **#100**. Please arrive 45 minutes before appointment time.

() **San Ramon Regional Med Ctr**

6001 Norris Canyon Road,
 San Ramon, CA 94583
(925) 275-8261

- Take **680 S** to the **Crow Canyon Road** Exit.
- Exit **Left** onto **Crow Canyon Rd.**
- Go **East (Right)** at **Alcosta** (4 stop lights).
- Turn **Left** onto **Norris Canyon Road. (1ST light).**
- Go straight up hill and hospital will be to your left.

Go to the **admitting** department to pre-register and check-in. Arrive 1-1/2 hour before procedure.

MORNING COLONOSCOPY

SUPREP OSMOPREP

BASS MEDICAL GROUP
 F. Anderson Rowe, M.D.
 5601 Norris Canyon Rd. Suite 240
 San Ramon, CA 94583
 Phone 925-901-1303
 Fax 925-901-1302

COLONOSCOPY

A colonoscopy allows your doctor to look into your colon using a flexible tube containing a fiberoptic camera. To avoid discomfort, you may expect to receive some intravenous sedation. Because of this, a friend or family member **must** be available to take you home. **The hospital staff will not allow you to drive yourself home.**

Risks of endoscopic procedures are minimal. Bleeding, perforation of the G.I. (gastrointestinal) tract, and medication reaction can occur with a colonoscopy. Infection can occur with a colonoscopy as well. Perforation is the most serious potential complication and occurs in 1/5000 colonoscopies. If perforation were to occur, one could expect prolonged hospitalization with the probable need for surgery.

DISCONTINUE ASPIRIN, ASPIRIN-LIKE COMPOUNDS, IBUPROFEN, NAPROXEN SODIUM, NAPROXED AND IRON FOR 10 DAYS PRIOR TO THE START OF PREP AND FOR 3 WEEKS FOLLOWING THE PROCEDURE, unless advised by Dr. Rowe to resume sooner. **See brochure "Guide to Products Containing Aspirin and Aspirin-Like Products"**.

IT IS OK TO TAKE TYLENOL

NO ALCOHOL FOR 2 DAYS PRIOR TO YOUR PROCEDURE, OR DAY OF YOUR PROCEDURE.

() SUPREP

Suprep Bowel prep Kit is a split dose (2 day) regimen. Prescription contains 2, 6 ounce bottles and a 16 ounce mixing container Both 6 ounce bottles are required for a complete prep.

DAY BEFORE COLONOSCOPY:

Do not eat anything solid. You may only consume approved clear liquids until midnight (see brochure "Guide to Clear Liquid Diet").

6:00 PM – Pour ONE 6 ounce bottle of Suprep liquid into the mixing container. Add cool drinking water to the 16 ounce line on the container and mix. Drink ALL the liquid in the container. **IMPORTANT:** You must drink 2 more 16 ounce containers of water over the next hour.

MORNING OF COLONOSCOPY:

Nothing to eat or drink except for preparation. Repeat steps above with second bottle. You must finish drinking the 2nd glass of water at least 3 hours before your colonoscopy.

BE SURE TO DRINK ALL OF THE SOLUTION OR PREPARATION MAY BE INADEQUATE AND THE PROCEDURE MAY BE CANCELLED.

*NOTHING TO EAT OR DRINK AFTER FINAL GLASS OF WATER, NOT EVEN WATER.

() OSMOPREP

OsmoPrep is a split dose 2 day regimen. Prescription will include 32 tablets. You must complete full regimen for a complete prep.

DAY BEFORE COLONOSCOPY:

Do not eat anything solid. You may only consume approved clear liquids until midnight (see brochure "Guide to Clear Liquid Diet").

6:00 PM – First dose series: Take one dose (swallow 4 tablets with 8 ounces of clear liquid), repeat every 15 minutes (6:15, 6:30, 6:45 7:00) for a total of 5 doses (20 tablets).

MORNING OF COLONOSCOPY:

Nothing to eat or drink except for preparation. Second dosing series: Take one dose (swallow 4 tablets with 8 ounces of clear liquid), repeat every 15 minutes for a total of 3 doses (12 tablets). You must finish drinking the last dose of clear liquid at least 3 hours before your colonoscopy. **BE SURE TO COMPLETE THE FULL REGIMEN OR PREPARATION MAY BE INADEQUATE AND THE PROCEDURE MAY BE CANCELLED.**

* NOTHING TO EAT OR DRINK AFTER COMPLETING PREPARATION, NOT EVEN WATER.