
DATE OF PROCEDURE

ARRIVAL TIME

TIME OF
PROCEDURE

SAN RAMON HOSPITAL PROCEDURE
YOU WILL NEED TO PRE-REGISTER
BEFORE YOUR APPOINTMENT. YOU CAN
PRE-REGISTER AT ANY TIME UP TO ½-1
HOUR BEFORE THE SCHEDULED
PROCEDURE TIME **(2 HOURS IF YOU
ARE TOLD ANTIBIOTICS NEED TO BE
GIVEN)**.

TRESANTI PROCEDURE
YOU WILL NEED TO ARRIVE 45 MINUTES
BEFORE YOUR SCHEDULED PROCEDURE
TIME TO DO FINANCIAL PAPERWORK.
PRE-REGISTRATION IS REQUIRED.

**REMEMBER: YOU WILL NOT BE
PERMITTED TO DRIVE YOURSELF
HOME. PLEASE MAKE SURE THAT A
FRIEND OR FAMILY MEMBER IS
AVAILABLE TO TAKE YOU HOME.**

**** SEE BACK OF PAMPHLET FOR
DIRECTIONS TO FACILITY.**

UPPER ENDOSCOPY (EGD)

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UPPER ENDOSCOPY

** AN UPPER ENDOSCOPY OR ESOPHAGOGASTRODUODENOSCOPY (EGD) ALLOWS YOUR DOCTOR TO LOOK DOWN YOUR THROAT INTO YOUR STOMACH USING A FLEXIBLE TUBE CONTAINING A GIBER OPTIC CAMERA. IN ORDER TO ALLOW YOU TO "SWALLOW" THE TUBE, YOU MAY EXPECT TO RECEIVE SOME INTRAVENOUS SEDATION. BECAUSE OF THIS, A FRIEND OR FAMILY MEMBER **MUST** BE AVAILABLE TO TAKE YOU HOME, **THE HOSPITAL STOFF WILL NOT ALLOW YOU TO DRIVE YOURSELF HOME.**

** **RISK** OF ENDOSCOPIC PROCEDURE IS MINIMAL. BLEEDING, PERFORATION OF THE G.I. (GASTROINTESTINAL) TRACT AND MEDICATION REACTION CAN OCCUR WITH UPPER ENDOSCOPY. INFECTION CAN OCCUR WITH UPPER ENDOSCOPY AS WELL. RISCK OF PERFORATION IS THE MOST SERIOUS POTENTIAL COMPLICATION AND OCCURS IN 1/1500 UPPER ENDOSCOPIES. IF PERFORATION WERE TO OCCUR, ONE COULD EXPECT MORE PROLONGED HOSPITALIZATION WITH THE PROBABLE NEED FOR SURGERY

** **DISCONTINUE ASPIRIN, ASPIRIN-LIKE COMPOUNDS, IBUPROFEN, NAPROXEN SODIUM, NAPROXEN AND IRON** FOR 10DYS PRIOR TO THE START OF PREP AND FOR 3 WEEKS FOLLOWING THE PROCEDURE UNLESS ADVISED BY DR. ROWE TO RESUME. BROCHURES ON THESE PRODUCTS ARE AVAILABLE.

PREPARATION

PREPARATION FOR G.I. PROCEDURES IS GENERALLY SIMPLE.

() MORNING PROCEDURE

NOTHING TO EAT OR DRINK (EXCEPT MEDICATIONS) STARTING FROM MIDNIGHT ON THE NIGHT PRIOR TO THE PROCEDURE.

** **DO NOT TAKE ANY ACID SUPPRESSING MEDICATIONS FOR 48 HOURS PRIOR TO THE PROCEDURE** (THESE INCLUDE TAGAMENTS, ZANTAC, AXID, PRILOSEC, PREVACID, ACIPHEX, PROTONIX, AND NEXIUM).

() AFTERNOON PROCEDURE

A CLEAR LIQUID BREAKFAST IS GENERALLY ALL RIGHT, WITH NOTHING TO EAT OR DRINK AFTER 9:00 AM.

** **DO NOT TAKE ANY ACID SUPPRESSING MEDICATIONS FOR 48 HOURS PRIOR TO THE PROCEDURE** (THESE INCLUDE TAGAMENTS, ZANTAC, AXIC, PRILOSEC, PREVACID, ACIPHEX, PROTONIX, AND NEXIUM).

CLEAR LIQUIDS INCLUDE:

- *STRAINED FRUIT JUICE **WITHOUT PULP** (APPLE, WHITE GRAPE, LEMONADE)
- *WATER
- *CLEAR BROTH OR BOUILLON
- *COFFEE OR TEA **WITHOUT CREAM OR NON DAIRY CREAMER**
- *ANY OF THE FOLLOWING THAT ARE **NOT COLORED RED OR PURPLE:**
 - *GATORADE
 - *CARBONATED AND NON-CARBONATED SOFT DRINKS (7-UP, SPRITE ETC.)
 - *KOOL-AID OR OTHER FRUIT FLAVORED DRINKS
 - *PLAIN JELLO (**NO** ADDED FRUITS OR TOPPINGS)
 - * ICE POPSICLES

ANY QUESTIONS? PLEASE FEEL FREE TO CALL US DURING OUR OFFICE HOURS AT 925-901-1303 MONDAY THRU FRIDAY BETWEEN 9:00AM TO NOON AND 2:00PM TO 5:00PM